



Shobnall Primary School Newsletter



Telephone: 01283 247410 Twitter: @shobnallprimary e-mail: headteacher@shobnall.staffs.sch.uk

Dear Parents,

8th June 2018

A very warm welcome back to school after our half term break and I really hope that you all managed to spend some quality time as a family. It certainly sounds, and looks, like many of the children had a fabulous time, as a number are sporting some great tans!

As you are no doubt aware, especially as it has been documented hugely through Twitter, this week has seen the school promote Mental Health and Wellbeing and you will no doubt learn more about what each class has been doing as you read on through this week's newsletter. It has certainly been a fascinating week and please make a note in your diary to pop in to school on the morning of **Tuesday 19th June** where all the children's work, from each class, will be displayed in the hall. We will also be conducting a parent workshop after you have dropped your children off and I'm sure our front of house girls, Mrs Foster and Mrs Roach, will be on hand to provide a warm drink or two!

Sports Day

By now, you should have received a letter, outlining the plans for this year's Sports Day. Please familiarise yourself with this as it does highlight the slight changes we have adopted, in light of the feedback we had from parents last year. We very much look forward to seeing as many of you as possible at Sports Day, scheduled for **Monday 18th June**. We are keeping our fingers crossed for a dry morning! Should the weather not be favourable on this date, then Wednesday 20th June is the reserve date.

Mental Health & Wellbeing Week

EYFS – Friendship

'Friendship' has blossomed this week in Nursery and Reception. The story 'Stick and Stone' by Beth Ferry inspired children to work together on different projects including making a friendship quilt and tree. We have also created stick and stone characters from the story and we've told our friends why 'Everyone is Awesome!'

Year 1 – Emotions

We used clips from the film 'Inside Out' to identify some emotions. We then created lovely emotion pebbles to represent them. We have discussed the emotions and what makes us feel a certain way. We then created an emotion wheel to represent them. As a class, we decided that happiness was our favourite emotion so we created fantastic happy necklaces and happiness poems. To finish our week we have created emotion puppets and have acted out different scenarios involving emotions and how to deal with them. It has been a fantastic week! Well done Year 1 for your hard work!

Year 2 – Physical Wellbeing

This week Year 2 have explored both mental and physical health. We have been learning the differences and similarities between the two. We started the week with "The Daily Mile"

challenge. First, we had to measure 1 mile on the school field. The children did this by using trundle wheels and measuring out 1600 metres (1mile). It worked out to be 7 laps of the school field..... the children soon learnt that a mile is a long distance, in anyone's shoes! We finished off the week by learning Tai Chi and the children also learnt about different breathing exercises to help themselves keep calm. A thoroughly action-packed week... Well done Year 2!

Year 3 – Positivity

In Year 3, our topic has been 'positivity' and we have had a wonderful week. The children have designed positive superheroes and used them in their own comic strip. We have talked about positive and negative emotions and the impact they have on both children and adults. Children have created positivity pots with positive affirmations inside to keep in their bedrooms. They have been painted with very bright and positive colours! The children have learnt that deep breathing can help to calm us down and feel more positive and made their own breathing lanterns as a visual way of helping to calm down and to feel more positive. We have based our week around the song 'I love my life' by Robbie Williams. The class have produced their own piece of art work to reflect this. The children are so excited to present their work during the coffee morning on 19th June.

Year 4 – Anxiety, Stress & Worry

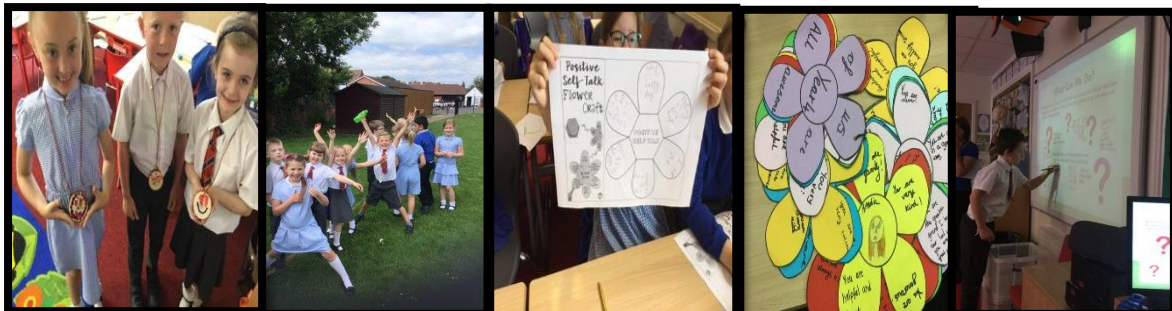
For Mental Health Awareness Week Year 4 have focused on anxiety, stress and worry. We have looked at what each of the areas are and how they affect our bodies. We have then completed different activities, for example, worry monsters, feeling poems and comic strips to discuss how we feel with regards to these strands as well as creating coping strategies and resources, for example, worry stones, stress balls and controlled breathing tools.

Year 5 – Resilience

Year 5 have enjoyed mental health and well-being week, with a main focus on resilience. We began by looking at what resilience actually means and different ways of showing it in and outside of school. We were inspired by JK Rowling, Michael Jordan, Walt Disney and Colonel Sanders as they didn't let failures set them back and showed determination in order to reach their goals. In our resilience passports, we reflected on our dreams and thought about how to reach them before moving on to look at fixed and growth mindset and the power of the 'yet'. We were lucky enough to participate in a mental health workshop and finished our week with some yoga, which we all thoroughly enjoyed.

Year 6 – Stepping Back to Step Forward

Year 6 have discovered the power of 'reflection', something we can neglect from time-to-time with all the hustle and bustle of being children in the 21st Century! We have discussed how important it is to step back, think, evaluate and 'take stock' in order to move forward with our goals and dreams. We have made our own worry cubes to help us with reflecting, looked at some poetry and thought about what is great about ourselves and what is great about other people. We enjoyed our workshop and participating in yoga at the end of the week!





We have had such an exciting day today. Each class and all the staff have taken part in a yoga session, which has been led by Kimberly from the company Yoga Rocks. Both the children and staff have really enjoyed this as it has given us the opportunity to relax and reflect on the wonderful mental health week in school.

Thank you to the parents for the generous donations which will be given to Burton Mind on 19th June. A representative from the company will be joining us during the coffee morning to receive the donation of £227.50.



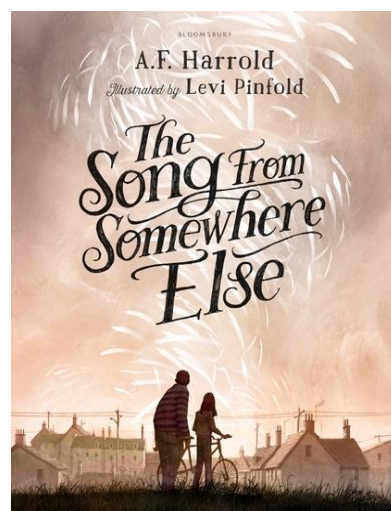
Reading Corner

This week's recommended read is for children aged 10 - 11

The Song From Somewhere Else

Written by AF Harrold
Published by Bloomsbury

One day, after bullies throw Frank's bike in the middle of a huge patch of stinging nettles, Nick Underbridge comes to her aid – a strange boy that everyone makes fun of at school for his hugeness and odd, unidentifiable smell. As Frank and Nick become friends, Frank discovers something strange and wonderful in Nick's basement. A magical tale about how families are universal, whoever you are.



Head Teacher Assembly Awards

Due to the children participating in yoga sessions as part of our Mental Health & Wellbeing Awareness Week, Head Teacher Assembly Awards will be given out next week, as normal.

Lunchtime Star Awards

Reception	Keeghan B
Year 1	Archie G
Year 2	Joshua L
Year 3	Haidar A
Year 4	Scarlett S
Year 5	Oliver H
Year 6	Ashton M



Summer Term 2018 – Dates for your Diary

Summer Term 2018 Diary	Date and Time
Father's Day Lunch – Year 5 / 6	Friday 15 th June 2018
9.30 am Sports Day	Monday 18 th June 2018
9.00 am Parents Assembly & Tea and Coffee Morning to view the work of the children during Mental Health Awareness Week	Tuesday 19 th June 2018
Father's Day Lunch – Reception Class	Tuesday 19 th June 2018
Music Share Concert for Choir & parents / carers 7.00 pm, Hill Street Baptist Church	Tuesday 19 th June 2018
Sports Day Reserve Morning	Wednesday 20 th June 2018
9.15 am Year 2 Class Assembly	Thursday 21 st June 2018
Father's Day Lunch – Year 1	Thursday 21 st June 2018

Father's Day Lunch – Year 3 / 4	Friday 22 nd June 2018
Father's Day Lunch – Year 2	Monday 25 th June 2018
Years 4, 5 and 6 Brewhouse Rehearsal – Dracula!	Tuesday 26 th June 2018
Years 4, 5 and 6 Brewhouse Performance – Dracula! 1.30pm and 6.00pm	Wednesday 27 th June 2018
9.15 am Nursery Assembly	Wednesday 11 th July 2018
Year 6 Leavers Party 6.30 – 8.30 pm Marston's Sports & Social Club	Friday 13 th July 2018
Year 6 Leavers Assembly 9.00 am	Wednesday 18 th July 2018
Year 6 Visit to Warwick Castle	Thursday 19 th July 2018
Last day of Summer term – School closes 3.30 pm	Friday 20th July 2018
School Closed for Inset Day Number 1	Monday 3rd September 2018
Autumn Term Commences	Tuesday 4th September 2018

Parking

With everyone's safety in mind we ask all drivers when visiting school to park their cars legally and show consideration for our neighbours / local residents who need access to their drives. We would like to remind everyone that The Albion public house allows parents / carers to park their vehicles in designated parking spaces on their car park to avoid congestion around the immediate vicinity of our school.