WHITEMOOR LAKES

Year 5 Residential Visit to Whitemoor Lakes, Alrewas

25th November – 27th November 2025

WHITEMOOR LAKES
RELEASING POTENTIAL

WHERE IS WHITEMOOR LAKES?

- **Located between Lichfield and Burton on Trent in the south-east of Staffordshire, Whitemoor Lakes is easy to access, just off the A38 and situated opposite the National Memorial Arboretum.**
- **The whole site looks on to a private and picturesque lake and surrounding farmlands, providing the ideal backdrop for fun, adventure and comfort.**

WHERE IS WHITEMOOR LAKES?

- **It is a self-contained outdoor education centre and all of the activities are completed on-site over the course of our stay.** Home - Whitemoor Lakes

WHAT ARE OUR OBJECTIVES FOR OUR STAY AT WHITEMOOR LAKES?

- **TEAM WORK – Taking part in activities that promote working together, communication and co-operation.**
- **PERSONAL DEVELOPMENT – Taking part in activities that focus on personal achievement, such as conquering fears or learning or practising a new skill or sport.**
- **LEADERSHIP – Developing leadership skills by appointing leaders to set tasks, or encouraging them to set an example.**
- **SOCIAL AWARENESS – Promoting inclusion of self and others as well as learning to recognise others attributes and achievements.**
- **INITIATIVE – Problem solving and group decision making.**
- **PHYSICAL CHALLENGE – Participating in activities that are either very high in energy or involve the acquisition and practice of a new skill.**

SAFETY, SECURITY & WELLBEING

- There are fully trained and qualified staff based permanently at the centre, who lead the activities and help the children settle in.
  - Staff at Whitemoor uphold high expectations regarding behaviour and safety. They withhold the right to stop an activity if a child's behaviour could endanger themselves or others - this includes not listening to instructions.
- All staff who work at the centre are DBS checked.
- There will be other schools there, but each school has its' own private lodge and set mealtimes. Schools are not mixed for activities.
- Lodges are alarmed at night time. The alarms are linked so staff would be alerted if there was a disturbance.
- A member of staff from the centre is always on-duty overnight.
- Entrances and exits are security coded so only authorised personnel can gain access.
- As we are visiting at Christmas, all our activities will be Christmas themed!

WHO WILL BE GOING?

Miss Allen, Mr Bishop and Mrs Martin are confirmed staff going on the trip. Other staff TBC.

Mr Adams & Mrs Farrington will alternate visiting across the 3 days.

Staff from Whitemoor Lakes will be organising and running each activity.

OUR ITINERARY

- Arrive at school, usual time on **Wednesday 25th November**. We will meet in the hall with our suitcases.
- The coach will be leaving school at around 9.00am and will take us to the **National Memorial Arboretum** where we will spend the morning.
- Please provide the children with a packed lunch, as Whitemoor Lakes will not be providing us with a meal when we arrive.
- The coach will then take us to Whitemoor Lakes for 11.30am, where we will have our packed lunch, have a tour and make our beds before starting activities in the afternoon.
- There will be a full day of activities on **Thursday 26th November.**
- We arrive back at school on **Friday 27th November.** Children can be collected at the usual time.

WHAT ACTIVITIES WILL WE BE DOING?

Shobnall Primary School

Action Plus Activity Programme

	Wednesday 25th November				Thursday 26th November					Friday 27th November		
	11.30	2.00-3.30	4.00-5.30	7.00-8.00	9.30-11.00	11.30-1.00	2.00-3.30	4.00-5.30	7.00-8.00	9.30-11.00	11.30-1.00	2.00
Group 1	Arrival and Welcome	Glow Ho Ho (UV) Games	*Elf Wilderness Training* Fire Lighting	Holly Jolly Jog Run Around Quiz	*Stealth training* Challenge Course	*Santa defence training* Fencing	*Elf Agility challenge* Gladiator	*Present Drop* Zip Wire	Carols around the Camp Fire	*Chimney climbing* Climbing	Elf Games!	Goodbyes and depart
Group 2			*Stealth training* Challenge Course		*Elf Wilderness Training* Fire Lighting	*Elf Agility challenge* Gladiator	*Santa defence training* Fencing	*Chimney climbing* Climbing		*Present Drop* Zip Wire		
Group 3			*Elf Wilderness Training* Fire Lighting		*Elf Agility challenge* Gladiator	*Chimney climbing* Climbing	*Stealth training* Challenge Course	*Santa defence training* Fencing		*Present Drop* Zip Wire		

HOW WILL WE ORGANISE OUR GROUPS?

- Children will have dormitory groups and activity groups.
- When organising these groups, we will ensure that children have one chosen friend with them.
    - The ratio of staff to children (including staff from Whitemoor will be 1:3 at most times).
- We will organise the children into 3 groups, based on the forms they complete for activity groups.
- Dormitories sleep a minimum of 2 and a maximum of 6. Each room has an en-suite.

Site Map

Windermere Lodge (60)
Buttermere Lodge (58)
Staff only
Kielder Lodge (34)
Grasmere Lodge (58)
Sycamore Room
Darby Hall (140)
Lounge
Gilmour Hall (300)
Alder Room
Rowan Room
Toilets
Shop
Reception
Beech Room
Dining Hall (280)
Main Entrance
Sports Hall
Chasewater Lodge (34)
Coniston Lodge (34)
Derwent Lodge (58)
Venue Rooms
Residential Lodges
Communal Areas

OUR LIVING ROOM

- We have our own breakout area, where will we meet in the morning before breakfast.
- This area will be looking very festive when we arrive!

FOOD STORAGE

- We have our own kitchen area where we can store snacks that the children are allowed to bring to keep themselves fuelled up during the day!

BEDROOMS

- Each room sleeps a minimum of 2 and a maximum of 6.
- There is a bunk bed as well as single beds in each room.
- Each room has its own en-suite, complete with toilet and shower.
- Storage to keep clothes and valuables.
- Boys will be on one side of the lodge with Mr Bishop, girls will be on the other with Miss Allen and Mrs Martin.
- The lodge is alarmed at night.

WHAT WILL WE BE EATING?

- 8:30am - Every morning the children have a choice of breakfasts: toast, cereals, fruit or cooked breakfast.
- 1.00pm - At lunchtime, they are given a choice of sandwiches, salad and hot options.
- 6.00pm - In the evening, they have a choice of three cooked meals, with salad options. One of our meals will be a Christmas dinner!
- They are allowed to bring healthy snacks for in between activities – these will be kept in boxes with staff as they are not allowed in dormitories.
  - Please try and avoid packing the following snacks:
    - Chocolate (too much)
    - Sweets (too many)
    - Anything containing nuts
- All food choices include vegetarian options as well as halal options.

Nut Free Site

WHAT DO I NEED TO TAKE?

- Lots of **warm** clothes and **suitable** footwear – outdoor trainers, indoor trainers, wellies and slippers.
- Tracksuit trousers are better than jeans. Clothes will get dirty, so it is best to bring old ones rather than anything special.
- A warm and waterproof jacket.
- A towel/towels and a well stocked wash bag.
- Children can bring snacks to have in between activities. Please ensure these are in a box and labelled.
- Some money for the shop, pool table and vending machines. Change is useful.
- Please pack 'with' the children so they know what is in their bags and can plan their clothes for different activities.
- Bags for dirty washing and wet clothes.
- Nightwear/PJ's.
- All bed linen is provided – children will have to make their own beds, and strip them upon leaving.

CAN WE CONTACT HOME?

- We do not permit the children to phone home during the trip. Please do not bring mobile phones.
- Phone contact with home will only be made in the event of an emergency. Please could you ensure that your contact details are up-to-date via the office.
- We will inundate you with posts on Instagram so you can see how much fun we are having!

ANY QUESTIONS!

Please don't forget to take a checklist with you!

Thank you for coming!